

**Mandated Reporter Training. Minnesota Dept of Health: <https://bit.ly/2Wq6qff>**

1. Name four professionals mandated to report:
2. Are you a mandated reporter at camp: YES NO
3. What are the three reasons why you are to report:
4. You are guilty of a \_\_\_\_\_ is you fail to make a mandated report.
5. How long do you have to make the verbal report?
6. How long do you have to make a written report?
7. Who do you contact if alleged maltreatment is committed by a staff member?
8. If there is immediate danger of the child, who do you contact?
9. Is sex trafficking part of mandated reporting?
10. Name two types of abuse:

**Bloodborne Pathogen Training <https://bit.ly/2z7T1A9>**

1. How are microorganisms carried?
2. What are three ways it can be transmitted?
3. What is the most infectious bloodborne pathogen?
4. How long can it survive outside of the body?
5. What are three symptoms of HIV?
6. What are examples of Personal Protective Equipment?
7. Should you clean up contaminated areas?
8. How long should you wash exposed areas with soap and water?
9. What are two ways to limit exposures?
10. How do you remove contaminated gloves?

**Special Education Disabilities Minnesota.** <https://education.mn.gov/MDE/dse/sped/cat/>  
(\*\*Find on left)

1. What are the 13 categorical disabilities in Minnesota?
  - a.
  - b.
  - c.
  - d.
  - e.
  - f.
  - g.
  - h.
  - i.
  - j.
  - k.
  - l.
  - m.
  
2. For each one, list two characteristics and two strategies to use at camp to help these campers:
  - a.
  - b.
  - c.
  - d.
  - e.
  - f.

g.

h.

i.

j.

k.

l.

m.

**Define each of these and give an example of a behavior and how you will positively handle it at camp:**

**1. ADHD:**

**2. ODD:**

**3. OCD:**

**4. PTSD:**

**5. FASD:**

**6. ARND:**

**7. Anxiety:**

**8. Depression:**

## **Mental Health**

**We All Have Mental Health** <https://www.youtube.com/watch?v=DxIDKZH3-E>

1. What are the four things that mental health is:

2. What are three positive ways you deal with stress?
3. What are three ways that you can teach kids to process stress and emotions?
4. Endorphins can be released by \_\_\_\_\_.

### **5 Incredibly Fun Games to Teach Self-Regulation.**

[https://www.youtube.com/watch?v=H\\_O1brYwdSY](https://www.youtube.com/watch?v=H_O1brYwdSY)

1. How will children act if they can't self-regulate?
2. What are four behaviors they exhibit if they can't self-regulate?
3. What are some examples of difficulties during social interactions?
4. What are the four proven ways of self-regulation?
5. What are two of the games you could play at camp to help your kiddos self-regulate?
6. How could you modify them for older children?

### **Diversity and Inclusion**

**Watch the Video "Life of Privilege Explained in a \$100 Race"**

<https://www.youtube.com/watch?v=4K5fbQ1-zps>

Write a paragraph of your reflections and how you will work better with campers because of this video to know and hear "their story."

**Watch the Video “Inclusion Makes the World More Vibrant”**

<https://www.youtube.com/watch?v=QXY5TyCUTIo>

Write a paragraph reflecting on how the boy includes his mom in this journey. How can you make modifications to camp activities to include ALL campers despite their difficulties or disabilities? How does this open up others perceptions of people and acceptance of others?

**Watch the Video “Anti Bullying: It Only Takes One”**

<https://www.youtube.com/watch?v=d3l1jle3Xfl>

Write a response to how you will address bullying at camp. What kinds of bullying can happen at camp? How has technology affected bullying?

**Define confidentiality and how will you demonstrate it at camp?**

**Who can you talk to about your campers and what can be shared on social media or with others?**

**Staff Manual Quiz:** (After reading the staff manual, please answer the following questions:

1. Program your phone for Trav and Sarah and send us a text right now that states "I love camp!"
2. What is the channel we use to communicate on walkie talkies?
3. What happens when there is a 3 horn blast?
4. What are three duties that the campers must do each morning?
5. What are the two exits for an emergency?
6. Where are hazardous materials kept?
7. How far apart do campers need to sleep?
8. How many campers can sleep in a bed?
9. What temperature can the refrigerator not go above?
10. Where and how are dishes dried at camp?
11. What is the emergency vehicle used at camp?
12. Who is in charge of medication management?
13. What is used to show that a camper has a food allergy/dietary need?
14. Who is the acting physician for camp?
15. What are four areas of code of conduct?
16. Where is a buddy check used?
17. What are three pool rules?
18. What are the two things campers must do to pass the swim test?
19. When are the 2 times that campers MUST wear a PFD (personal flotation device)?
20. What is the "tip test?"
21. Where do we meet in case of a fire outside?
22. What do you do if there is lightning?
23. What is the staff to camper ratio under age 15?
24. What are four expectations of being a lead or assistant counselor?
25. Name five skills that camp focuses on teaching campers?
26. What are two ways to be proactive and not reactive?
27. What are two reasons for surface behaviors?
28. What will you do when a camper refuses to follow directions?
29. What will you do when a camper refuses to participate?
30. What are three incentives to use at camp?
31. What are three possible consequences to use at camp?
32. What are two types of body language and one example of each?
33. What are two environmental activities we promote?
34. When should you be on your cell phone?
35. Who do you report to if there is an active shooter?
36. What are 2 things you should do immediately?
37. What could you do to take action if ONLY necessary?
38. What are secondary impacts?
39. What channel will communication occur on with walkie talkies?
40. Who will respond to media?

